

Regional Community Health Improvement Planning

Food Insecurity & Access

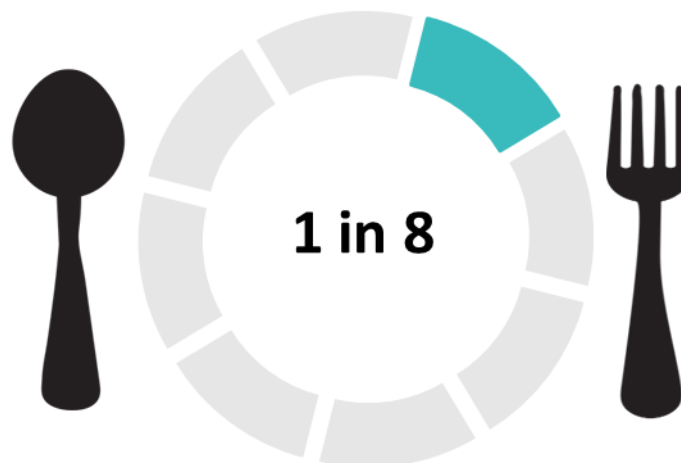
Food insecurity means not having access to enough quality food to meet one's basic needs. Eating healthy food every day is essential for everyone.

Key Health Data

- In Linn, Benton, and Lincoln counties, more community members live within walking distance of a tobacco vendor than within walking distance of a grocery store.
- Linn and Lincoln counties both had higher utilization of SNAP and WIC benefits compared to Benton County in 2020.
- Lincoln County experienced the greatest food insecurity in the region, followed by Linn County in 2020.

Focus on: Food Insecurity

The Linn, Benton, Lincoln region experienced higher rates of food insecurity (1 in 8 individuals) than the state of Oregon in 2020.



Focus on: SNAP

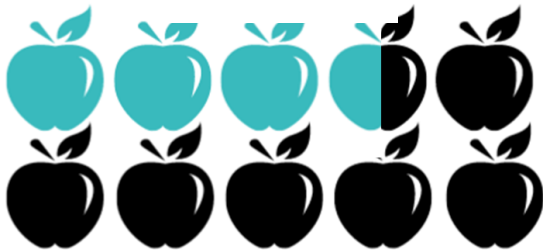
1 in 10 eligible individuals in Benton County used SNAP benefits. 1 in 5 eligible individuals used SNAP in Lincoln and Linn counties and the state of Oregon in 2020.



Focus on: Healthy Food Access

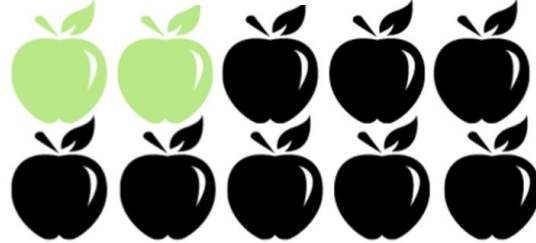
Walking distance (1/2 mile) to grocery store

LBL Region



Only 3.5 out of 10 individuals were within walking distance to a grocery store in 2019.

Linn County



Only 2 out of 10 individuals were within walking distance to a grocery store in 2019.

To learn more:

[Visit this website](#) to see all 7 key health themes and the full Regional Community Health Assessment: <https://bit.ly/BCHD-CommunityHealthImprovement>

Take the survey to help prioritize 3 health issues for the Community Health Improvement Plan: Scan the QR code or click here: <https://bit.ly/RHA-KeyThemesSurvey>

