

2016

Emergency Preparedness

Calendar



Emergency Preparedness Tips

If you live or work in the city of Portland or Benton, Clackamas, Clark, Columbia, Linn, Marion (northern communities), Multnomah, Washington counties, visit www.publicalerts.org/signup to register for emergency notifications via home phone, cell phone, VoIP, text and emails.

For electronic copies of emergency forms, publications, links and other information visit: clackamas.us/emergency/calendar.html

Develop a Family Emergency Plan

Research has proven that if you plan and practice in advance, you will be more resilient in an actual disaster.

Important: review and practice the plan with your entire family twice a year (during time changes, for example).

Here are a few tips:

- Identify an out-of-state emergency contact and instruct family to check in with them during emergencies and if separated.
- Complete the information on the opposite page and share with family and friends.
- Identify evacuation routes from home and designate a nearby location to meet to make sure everyone is okay.
- Know when and how to turn off water, electricity, and gas.
- Know emergency procedures in your workplace and for your children's schools.

Assemble a Disaster Supplies Kit

Help yourself and your family remain self-sufficient during a disaster. Although putting a kit together may seem overwhelming, you can assemble a kit in small achievable steps. You may be surprised how many useful items you already have at home.

Remember to include:

- Supplies for children, pets, elderly and family members with additional needs.
- Copies of important documents, such as financial information.

Resources:

| | |
|------------------------|--|
| Disaster Supplies Kits | www.redcross.org |
| Pets | www.redcross.org/pets |
| Livestock/Farm Animals | www.prep4agthreats.org |
| Special Needs | www.gostaykit.com |
| Five Minute Tasks | www.take5tosurvive.com |
| Make it Through | www.makeitthrough.org |
| Monthly Tasks | www.ocem.org/pdf_resources/Prep_Calendar.pdf |
| Prepare in a Year | www.emd.wa.gov/preparedness/prep_prepare_year.shtml |
| Technology | www.dhs.gov/stopthinkconnect and www.fcc.gov/smartphone-security |

Know What to do Before and During Emergencies

Review hazards that can threaten your family and know how to respond.

For example:

- Know what risks are associated with common hazards.
- Take protective actions, such as Drop-Cover-Hold On during an earthquake.
- Receive CPR and first aid training.
- Donate blood.

There are many ways you can become more resilient when disaster strikes.

See the links below for specific hazard information, training and volunteer opportunities.

Specific Hazard Information

| | |
|----------------|--|
| Avalanches | www.nwac.us or www.avalanche.org |
| Earthquakes | www.earthquake.usgs.gov |
| Fire Safety | www.firewise.org and www.nfpa.org |
| Flood Safety | www.floodsmart.gov |
| General Safety | www.nsc.org |
| Poison Center | www.poison.org |
| Sandbags | see back page for contact information |
| Tsunamis | www.tsunami.noaa.gov or nvs.nanoos.org/TsunamiEvac |
| Volcanoes | volcanoes.usgs.gov/ |

Training and Volunteer Opportunities

| | |
|---|--|
| Amateur Radio Emergency Service | www.nwarrl.wetnet.net (NW Division) |
| Citizen Corps Volunteer Programs | www.citizencorps.gov |
| Map Your Neighborhood | contact local Emergency Management Agency |
| Medical Reserve Corps Programs | www.medicalreservecorps.gov |
| King County Search and Rescue Assoc. | www.kcsara.org |
| Mt. Hood SAR Council | www.mthoodsarcouncil.org |
| Red Cross training and disaster tips | www.redcross.org (Training & Certification tab) |
| Voluntary Organizations Active in Disaster (VOAD) | www.wavoad.org (Washington) orvoad.communityos.org (Oregon) |

* Jewish holidays start on or after sunset the day before the date listed

** Islamic holidays start at sunset the day before

Tips: Ensure you have updated information in your cell phone. Make copies of this page for family and friends to use in an emergency.

IN CASE OF EMERGENCY CALL 9-1-1

Poison Control 1-800-222-1222

Non-emergency number _____

MEDICAL

Primary insurance provider _____

Insurance group number _____

Doctors/Clinics

Name _____

Address _____

Phone _____

Name _____

Address _____

Phone _____

Hospital _____

Address _____

Phone _____

Significant Medical Conditions

Medications

DENTAL

Primary insurance provider _____

Insurance group number _____

Name of Dentist _____

Phone _____

VETERINARIAN

Phone _____

Pet(s) _____

PERSONAL EMERGENCY PLAN

Family Members: Name/Age/Phone #

Emergency Contacts

Name _____

Relationship _____

Phone _____

Is this contact local? Yes / No

Name _____

Relationship _____

Phone _____

Is this contact local? Yes / No

Name _____

Relationship _____

Phone _____

Is this contact local? Yes / No

Primary Evacuation Spot

Secondary Evacuation Spot

Emergency Plan/Go-Kit Location(s)

UTILITIES / SCHOOLS

WARNING:

IF YOU MUST TURN OFF THE GAS DO NOT TURN IT BACK ON! ONLY THE GAS COMPANY CAN SAFELY TURN IT BACK ON

Gas/Heating Company

Phone _____

Emergency phone _____

Internal shut off location _____

External shut off location _____

Shut off tool location _____

Electric Company

Phone _____

Emergency phone _____

Circuit breaker location _____

Water Company

Phone _____

Emergency phone _____

Sewer Company

Phone _____

Emergency phone _____

Schools

Family member(s) _____

School _____

Address _____

Telephone _____

Evacuation location _____

Family member(s) _____

School _____

Address _____

Telephone _____

Evacuation location _____

January

Floods and Landslides



1996 Flood, photo courtesy of City of Tualatin

Floods and landslides may go hand in hand and can be deadly.

What you can do

Learn about flood and landslide risks in your area by contacting your local emergency management office and looking at your local Hazard Mitigation Plan.

Before you buy a home, check on the history of floods or earth movement in the area.

Clear storm drains to prevent flooding and ground saturation close to your home.

Turn around instead of driving through floods. Water over roads can hide sink holes or other dangerous conditions and lead to drowning.

If floodwaters rise near you and driving is dangerous, leave the car if you can do so safely and move to higher ground.

Avoid walking through moving water. It only takes a few inches of swift water to knock you off your feet. Use a stick to check for sinkholes and the firmness of the ground.

If a flash flood is likely, move to higher ground right away. Do not wait for instructions.

Plant trees, bushes and other plants to decrease water runoff.

Landslides

May move at avalanche speeds, rapidly wrapping up or crushing anything in their path. Or, they may move only fractions of inches per year.

Steep slopes, saturated and weakened by water pressure or erosion, may give way to gravity.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|-------------------------|----------|
| October 2015 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | November 2015 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | December 2015 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |  | February 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 | 1 New Year's Day | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Northridge Earthquake 6.7 (1994) | Martin Luther King Day | Haiti Earthquake 7.0 (2010) | National AMBER Alert Awareness Day | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | Cascadia Earthquake 8.7–9.2 (1700) | | | | |

February

Access and Functional Needs



Photo courtesy of FEMA/Tim Burkitt

If you or someone you know has a disability or needs help to live independently, take extra steps to prepare for emergencies.

Get Informed

- Know what type of natural disasters might occur in your area. Prepare for them.

Make a Communications Plan

- Create a personal support network, and prepare them to assist you with your medical equipment, service animals, and transportation needs.
- Teach someone in your support network to use your life saving devices and medicine.
- Make sure they have a spare key to your home and know where your emergency supplies are kept.
- Have a cell phone and paper contact list ready of hospitals, doctors, neighbors, and family and friends—both in and out of your area.
- Talk to your healthcare providers about their backup plan, including power failures and treatments, during an emergency.
- Practice your plan!

Build Two Emergency Kits

1. Includes survival basics: water, food, radio, flashlight, batteries, and first aid for at least one week or longer.
2. Contains important medical, personal, and insurance documents and at least one week's supply of medicine.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|---|--------------------|---------------------|--|---|-----------------------------------|
| | 1 National Freedom Day | 2 Groundhog Day | 3 | 4 | 5 | 6 |
| 7 | 8 Chinese New Year | 9 | 10 Ash Wednesday | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Valentine's Day | 21 Presidents' Day | 22 | 23 | 24 | 25 | 26 |
| | 27 Christchurch Earthquake 6.3 (2011) | | | | | 28 Chile earthquake 8.8 (2010) |
| 28 | 29 | | | January 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | March 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | |
| Nisqually Earthquake 6.8 (2001) | | | | | | |

Plan on other ways to charge your electronic devices.

Go solar!

March

Technology



Charging station in Hoboken, NJ after Hurricane Sandy, photo courtesy of Liz Roi/FEMA

Computers, tablets, smart phones, and social media make connecting with friends and family easier than ever. Use these tools safely and appropriately.

Technology during a disaster

Connecting with family and friends will be a high priority in a disaster, but circumstances may impact your ability to reach them.

- Do not call others if it is not an emergency. Staying off the phone can save a life by allowing 911 calls to go through.
- If phone lines are overloaded, texting may still work.
- Make a family communication plan including an out of state contact. When phone lines are overloaded it is more likely your call will get through to someone outside of the affected area.
- Connect via mobile apps like FEMA and Red Cross's Emergency apps, as well as social media.

Cyber Security

- Secure all of your internet devices including computer, tablets and smart phones with a password; and change it regularly.
- On your computer, use security software and keep it up-to-date. Be skeptical – if a web page or e-mail seems suspicious, do not click!
- Social media: Limit the amount of personal info you share and check your privacy settings.
- Coffee Shops: Open Wi-Fi networks can expose your credentials and password to anyone within Wi-Fi range. Consider paying your cellular provider for the ability to create a “tethered” connection through your phone to protect your communications.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|--------------------------------------|------------------------------|--|--|----------|
| | | 1 Wellington, WA Avalanche (1910) | 2 Read Across America Day | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 Tohoku Earthquake/Tsunami 9.0 (2011) Madrid Train Bombings (2004) | 12 |
| 13 Daylight Saving Time Begins | 14 | 15 | 16 | 17 St. Patrick's Day | 18 | 19 |
| 20 Palm Sunday Equinox/First Day of Spring Tsunami Awareness Week (20-26) | 21 | 22 Oso/SR 530 landslide (2014) | 23 | 24 Purim* | 25 Good Friday Scotts Mills Earthquake 5.6 (1993) Triangle Shirtwaist Fire (1911) | 26 |
| 27 Easter Good Friday Earthquake (Alaska) 9.2 (1964) | 28 | 29 | 30 | 31 | | |
| | | | | February 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 | April 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | |

*Stop.
Think.
Connect.*

April

Prepare. Train. Volunteer.



Medical Reserve Corps Exercise, photo courtesy of Kirsten Ingersoll

Prepare

Personal preparedness improves your ability to recover from a disaster.

- Learn about risks you are most likely to face.
- Educate your family about the natural disasters that may occur in your location, such as storms, earthquakes, floods and fire.
- Create a family disaster plan and emergency kits.
- Build a kit for each location in which you spend a lot of time, such as one at home, work, and in your car. A larger kit that you can take with you in your vehicle if you need to evacuate can meet multiple needs.

Train

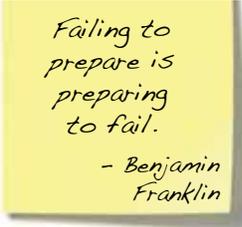
- Engage your family by training them on your emergency plan.
- Pick a date to test, update your plan and train your family. Do this at least one time a year to adjust for changes in work places, schools, or daycares.

Volunteer

In addition to being personally prepared for an emergency, you can make a real difference by volunteering to help your neighbors and your community.

- Learn about different types of volunteer opportunities.
- Do you know a lot about radios?
- Are you a nurse or doctor?
- Are you a social person who knows everyone in your neighborhood?
- A wide variety of skills are needed. Think about volunteering.

For more information about emergency kits, plans and a full list of volunteer opportunities visit the calendar website at: www.clackamas.us/emergency/calendar.html

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---------------------------------|---|---|---|----------------|
| March 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | May 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | | |  | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| National Volunteer Week (10-16) | | | | | Emancipation Day Boston Marathon Bombing (2013) | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | Great San Francisco Earthquake 7.8 (1906) | Oklahoma City Bombing (1995) | Deepwater Horizon Oil Spill Explosion (2010) | | Earth Day Passover begins* | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| National Air Quality Awareness Week (26-May 2) | | | Administrative Professional's Day | | | Passover ends* |

May

Volcanoes and Avalanches



Timberline Lodge at Mt. Hood, photo courtesy of Oregon's Mt. Hood Territory

Before and During a Volcanic Eruption

- Stay indoors if possible. Close windows, doors and dampers and place damp towels at thresholds of these and other draft sources.
- Turn off and cover equipment and vehicles to avoid damage; move them indoors if possible.
- Ensure livestock and pets are sheltered and have clean food and water.
- Avoid low-lying areas where poisonous gases are most dangerous.

After a Volcanic Eruption

- Volcanic ash consists of tiny jagged pieces of rock and glass. Ash can turn daylight into darkness and cause breathing problems, injuries and power outages, damage equipment and disable communications.
- Check radio, TV, or the internet for evacuation information.
- Cover mouth and nose with a filter mask or wet cloth and stay indoors as much as possible.
- Wear goggles to protect eyes and keep skin covered to avoid irritation or burns.

Avalanches

- Take an avalanche safety course or clinic.
- Plan your route and check snow conditions in the exact location(s) you plan to ski, snowboard or hike. Always check avalanche conditions before a trip.
- Recognize warnings: recent avalanches, heavy snowfall in the past 24 hours, windblown snow, and much warmer weather than usual.
- Always carry avalanche equipment including a beacon. Beacons require training so plan ahead.
- If buried, try to make an air pocket in front of your face and remain calm. Start your beacon.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|---------|--|---|---|--|---|---|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|---|---|---|--|---|---|---|---|---|----|----|--|--|--|----|----|----|----|----|----|----|--|--|--|----|----|----|----|----|----|----|--|--|--|----|----|----|----|----|--|--|--|--|--|
| 1 May Day Pacific Northwest Severe Weather Awareness Week (1-7) | 2 H1N1 Pandemic (2009) | 3 | 4 | 5 Cinco de Mayo | 6 | 7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 Mother's Day | 9 | 10 | 11 | 12 | 13 | 14 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 Peace Officers Memorial Day | 16 | 17 | 18 Mt. St. Helens Eruption (1980) | 19 | 20 Newcastle-Moore, OK Tornado (2013) | 21 Armed Forces Day National Safe Boating Week (21-27) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 22 Joplin Tornado (2011) Largest Earthquake in the World (Chile) 9.5 (1960) | 23 | 24 | 25 | 26 | 27 | 28 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | 30 Memorial Day Vanport Flood (1948) | 31 | | <div data-bbox="1199 1284 1440 1516" data-label="Text"> <p><i>Prevent window falls. When opening windows, stop and lock at 4 inches.</i></p> </div> | <div data-bbox="1470 1295 1724 1503" data-label="Table"> <p>April 2016</p> <table border="1"> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table> </div> | | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | <div data-bbox="1753 1295 2024 1503" data-label="Table"> <p>June 2016</p> <table border="1"> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td></td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td></td><td></td><td></td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td></td><td></td><td></td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td></td><td></td><td></td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> | | | | | | | | | | | | | | | | 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | | 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | | 26 | 27 | 28 | 29 | 30 | | | | | |
| | | | | | 1 | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | 1 | 2 | 3 | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 26 | 27 | 28 | 29 | 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

June



Horse evacuation exercise, photo courtesy of Jamie Dowdy

Animals in Disaster

Plan for Pets

- Take animals with you if you need to evacuate. Only as a last resort should animals be left behind.
- Many emergency shelters cannot accept animals. Before a disaster happens, find out which hotels and shelters allow animals.
- If you have to leave your animals at home, keep them inside a secure area. Leave at least a 10-day supply of dry food and water. Put signs on windows and doors with the number and type of animals inside and your contact information.
- Keep your pets' vaccinations and ID tags up to date.
- Be sure ID tags are on collars and consider a microchip.
- Prepare a pet emergency kit with leashes, collars, portable carriers, water, food, medications, sanitation materials, immunization records, first-aid kit, and photos to prove ownership.
- Do not leave pets in vehicles, tethered, or crated without you.
- Your pet's behavior may change after a crisis, becoming more aggressive or self-protective.

Plan for Livestock

- Post emergency contact numbers on barn and/or pasture fence.
- Write your phone number on your stock with a permanent marker if you have to release them.
- Have a supply of feed at a different location.
- Involve family and neighbors in an evacuation plan.
- Make a kit with leads, halters, first aid, quieting hoods, water, photos and a copy of your ownership papers.

For more information about animals in disaster visit the calendar website at: www.clackamas.us/emergency/calendar.html

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Never leave children or pets in a parked vehicle on a hot day.

1

2

3

4

5

6

7

8

9

10

11

Ramadan begins**
Great Seattle Fire (1889)

12

13

14

15

16

17

18

Shavuot*

Flag Day/Army Birthday

19

20

21

22

23

24

25

Father's Day
Juneteenth
National Lightning Awareness Week (19-25)

Solstice/First Day of Summer

26

27

28

29

30

May 2016
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

July 2016
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

July

Hot Weather Emergencies



Clackamas County River Enforcement, photo courtesy of Clackamas County Sheriff's Office

Heat

- Heat cramps and exhaustion are signs your body is overheated and dehydrated.
- Heat stroke is a **MEDICAL EMERGENCY**. Symptoms include warm, flushed skin, lack of normal sweating, very high temperatures, delirium, unconsciousness, and/or seizures. Seek medical attention right away.
- Drink plenty of non-alcoholic and, caffeine-free fluids.
- **NEVER** leave people or animals in cars or other enclosed spaces. Car temperatures can rise to deadly levels quickly.
- Wear lightweight, light colored, loose fitting clothing and protection such as sunscreen, hats and sunglasses.

Lightning Safety

- When possible, find shelter inside a building or fully enclosed vehicle. Stay away from metal frame doors, landlines, and appliances.
- If you are stuck outside when lightning strikes, crouch down and place your hands over your ears. Never lie flat on the ground.
- Keep a minimum of 15 feet from other people and avoid water, high ground, individual tall trees, open spaces, and metal objects.

Water Safety

- Know your limits as a swimmer.
- Rivers can run cold and swift in spring and early summer. Jumping into cold water can literally take your breath away!
- Wear a properly fitted personal flotation device. All children 12 and younger must wear a life vest when in a boat. Know all local boating laws.
- Wear sunscreen.
- Children can drown in less than two inches of water. Never leave children unattended near water.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---------|-----------|---|------------|----------|
| June 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | August 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | Independence Day | | | Eid-al-Fitr** London Train bombings (2005) | Canada Day | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | Mumbai Train bombings (2006) | | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Parents' Day | | | | | | |
| 31 | | | | | | |

Hikers: Tell someone where you are going and when you will return.

August

Fire Safety



36 Pit Fire, photo courtesy of Platz Photography

Protect your home from wildfire

- Create a 30-foot non-flammable defensible space around your home. Stack firewood away from the home.
- Trim branches along driveways so that they are 14 feet off the ground, 14 feet from other surfaces and 10 feet from the roof and power lines.
- Use non-flammable roofing materials. Keep gutters free from debris and put screens on the vents under eaves and decks.
- Keep yards watered and mowed. Plant low growing, less flammable plants near homes.
- Post your address in a location that is visible from all directions for at least 150 feet.

Campfires

- Call before you go – Call your local forestry or fire district to learn if there are any current campfire restrictions.
- Select the right spot – Choose campgrounds with established fire pits. If campfires are allowed outside campgrounds, avoid areas near your tent, structures, vehicles, shrubs and trees, and be aware of low-hanging branches overhead. Clear the site down to mineral soil, at least five feet on all sides, and circle your campfire site with rocks.
- Keep your campfire small
- **NEVER** use gasoline
- Always have a shovel and a bucket of water nearby to extinguish any escaped embers.
- When you leave, drown all embers with water, stir the coals, and drown again until it is **DEAD OUT**.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1

2

3

4

5

6

National Night Out

Coast Guard Birthday

7

8

9

10

11

12

13

14

15

16

17

18

19

20

Tillamook Burn (1933)

21

22

23

24

25

26

27

South Napa Earthquake 6.0 (2014)

28

29

30

31

Hurricane Katrina (2005)

July 2016

September 2016

| | | | | | | | |
|----|----|----|----|----|----|----|----|
| | | | | | 1 | 2 | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| | | | | | | | 31 |

| | | | | | | | |
|----|----|----|----|----|----|----|--|
| | | | 1 | 2 | 3 | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| 25 | 26 | 27 | 28 | 29 | 30 | | |

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2016
 1 2 3 4 5 6
 7 8 9 10 11 12 13
 14 15 16 17 18 19 20
 21 22 23 24 25 26 27
 28 29 30 31

October 2016
 1
 2 3 4 5 6 7 8
 9 10 11 12 13 14 15
 16 17 18 19 20 21 22
 23 24 25 26 27 28 29
 30 31

1

2

3

4

5

6

7

8

9

10

Labor Day

11

12

13

14

15

16

17

Patriot Day

18

19

20

21

22

23

24

Air Force Birthday

International Day of Peace

Equinox/
First day of Autumn

25

26

27

28

29

30

October

Earthquakes and Tsunamis



Christchurch Earthquake Demolition, photo courtesy of Terry Philpott under creative commons (www.flickr.com/photos/terry72)

Earthquake Preparation

- Anchor and secure heavy appliances and furniture to wall studs.
- Move pictures, mirrors, and glass objects away from beds.
- Learn how to turn off water, gas, and electricity.
- Keep hard-soled, closed-toe shoes and a flashlight under each bed.

Earthquake Response

- When the ground begins to shake, DROP, COVER, AND HOLD ON.
- If indoors, get under a sturdy table. If in bed, protect your head with a pillow.
- If outdoors, find a clear spot away from buildings and trees and stay until the shaking stops.
- If in a vehicle, pull over to a clear place until shaking stops.
- If you smell gas, leave your home and inform the gas company.
- Only turn off gas as a last resort, if you can do so safely.
- Assume downed power lines are live and STAY AWAY.
- Use phones ONLY for life-threatening emergencies.
- Expect and be ready for aftershocks.

Tsunami Response

A tsunami is a sea wave caused by an underwater earthquake or landslide displacing the ocean water.

- When at the coast, know tsunami evacuation information for the area. Follow tsunami evacuation signs.
- Once the earthquake has stopped, go inland and to higher ground. Follow tsunami evacuation signs.
- Do not return until the alert has been cancelled and emergency officials have advised it is safe to return.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---------|--|-------------------------------------|--------|----------|
| September 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | November 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | |  | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Islamic New Year** | Rosh Hashanah* | | | | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | Columbus Day | | International Day for Natural Disaster Reduction Yom Kippur* Columbus Day Storm (1962) | Navy Birthday | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| First Day of Sukkot* | World Series/Loma Prieta Earthquake 6.9 (1989) | | | The Great ShakeOut at 10:20 a.m. | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Last Day of Sukkot* | | | | | | |
| 30 | 31 | | | | | |
| Diwali/Deepavali Pacific Northwest Winter Weather Awareness Week | Halloween | | | | | |

November

Health Preparedness



Water distribution exercise, photo courtesy of the Regional Water Providers Consortium

Basic Health Preparedness

- Wash your hands with soap and clean water often to help prevent the spread of diseases.
- Alcohol-based hand sanitizers do not eliminate all types of germs, but are useful for times when access to clean water and soap is limited. Hand sanitizers are not effective when hands are visibly dirty.
- Keep vaccinations up-to-date to protect yourself and others (e.g. Flu, Tetanus, and Measles).

Prepare an Emergency Water Supply for Drinking and Sanitation

- Store at least 1 gallon of water per day for each person and each pet. Store at least a 2-week supply of water. Store more water than this for hot climates, pregnant women, and persons who are sick.
- Replace store bought water by the expiration date or every six months.
- Store a bottle of unscented liquid household chlorine bleach to disinfect your water and to use for general cleaning and sanitizing.
- Store instructions on how to boil and disinfect water in your emergency kit. Water contaminated with fuel or toxic chemicals will not be made safe by boiling or disinfecting.

Treating Water

- Add 1/8 teaspoon of unscented household bleach to 1 gallon of clear water or 1/4 teaspoon to 1 gallon of cloudy water.
- Mix well and wait 30 minutes or more before drinking.

For more information visit the calendar website at www.clackamas.us/emergency/calendar.html.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|-----------|-----------------------------|---|----------|
| | | 1 All Saints' Day Dia de los Muertos | 2 | 3 | 4 Kamchatka Earthquake, Soviet Union 9.0 (1952) | 5 |
| 6 Daylight Saving Time Ends | 7 | 8 | 9 | 10 Marine Corps Birthday | 11 Veteran's Day/ Remembrance Day | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 Thanksgiving | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |
| October 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | December 2016 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | | | | | |

Keep up-to-date on vaccinations.

December

Winter Safety



Snow drifts over stuck cars, photo courtesy of Edward Stojakovic under creative commons (www.flickr.com/photos/akasped)

Tree Safety Tips

- Choose a tree with green needles that do not fall off when touched.
- Keep tree at least 3 feet away from heat sources and add water daily.
- Never use candles near a tree.
- Always turn off the tree lights before leaving home or going to bed.

Poison Control, 800-222-1222

- Holly berries, mistletoe, and poinsettias are poisonous if swallowed.
- Keep ornaments and snow globes out of children's and pet's reach; they may contain lead or other dangerous ingredients and will have sharp edges if broken.
- Keep medication and poisonous products secured and away from children and pets.
- Install a carbon monoxide (CO) detector in your home. CO is an odorless, colorless, poisonous gas. Do not use the oven or gas range to heat your home. Dial 9-1-1 if your CO detector sounds.

If Caught in Winter Weather:

- Stay in the vehicle.
- Run the motor about 10 minutes each hour for heat.
- Open a window a little for fresh air and to avoid carbon monoxide poisoning.
- Make sure the exhaust pipe is not blocked.
- Be visible to rescuers: turn on the dome light at night when running the engine.
- Tie a colored cloth to your antenna or door.
- Exercise: from time to time, move arms, legs, fingers and toes vigorously to keep blood circulating and to keep warm.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Choking hazards
are small
objects that can
fit through a
toilet paper roll.*

1

2

3

World AIDS Day

4

5

6

7

8

9

10

Halifax Explosion (1917)
Pearl Harbor
Remembrance Day

11

12

13

14

15

16

17

National Guard Birthday
Snow Storm of the Century
(2008)

18

19

20

21

22

23

24

Solstice/First Day of Winter

25

26

27

28

29

30

31

Christmas
Chanukah begins*
Christmas Flood (1964)
(actual date for 100 year
flood is Dec 18-Jan 7th)

Kwanzaa begins
Indian Ocean Earthquake/
Tsunami 9.1 (2004)

New Year's Eve

| Emergencies 9-1-1 | | Call Before You Dig 8-1-1 | | Know Before You Go 5-1-1 | | | |
|-----------------------------|---|--|---|--|---|--|---|
| 911 Dispatch Centers | Dispatch <ul style="list-style-type: none"> (541) 265-4231 www.cityofsalem.net City of Lincoln City Dispatch <ul style="list-style-type: none"> (541) 994-3636 www.lincolncity.org City of Toledo Dispatch <ul style="list-style-type: none"> (541) 336-5555 www.cityoftoledo.org | Weather, Tides, Rivers, Marine, Beaches | NWS (National Weather Service) <ul style="list-style-type: none"> www.weather.gov NWS, Local Tide Predictions <ul style="list-style-type: none"> www.wrh.noaa.gov/pgr/tides.php Beach Debris – OR State Parks and Recreation <ul style="list-style-type: none"> 2-1-1 www.oregon.gov/oprd/PARKS/pages/index.aspx US Coast Guard Yaquina Bay Station (Newport) <ul style="list-style-type: none"> (541) 265-5381 US Coast Guard Depoe Bay Station <ul style="list-style-type: none"> (541) 765-2124 | Transportation, Hazardous Materials & Utilities | Oregon Dept. of Transportation (ODOT) <ul style="list-style-type: none"> 5-1-1 www.tripcheck.org Oregon Utility Notification Center <ul style="list-style-type: none"> 811 or 1-800-332-2344 www.digsafelyoregon.com/ Natural Gas Safety <ul style="list-style-type: none"> www.nwnatural.com Hazardous Material Spill – Oregon Emergency Response System (OERS) <ul style="list-style-type: none"> 1-800-452-0311 Shelter in Place – Hazardous Materials <ul style="list-style-type: none"> emergency.cdc.gov/preparedness/shelter/ www.ready.gov | | |
| | Law Enforcement (non-emergency) | | Schools & Businesses | | Lincoln County School District <ul style="list-style-type: none"> District Office (541) 265-9211 www.lincoln.k12.or.us/ 24hr Emergency Info Line (541) 265-4437 Oregon Coast Community College <ul style="list-style-type: none"> www.oregoncoastcc.org/ Business Preparedness <ul style="list-style-type: none"> www.ready.gov | Emergency Management & Preparedness | Auxiliary Communications Service (HAM) <ul style="list-style-type: none"> (541) 265-4199 American Red Cross <ul style="list-style-type: none"> (800) 991-9515 general information (888) 680-1455 24hr. disaster assist. www.redcross.org/cascades Ready America, www.ready.gov <ul style="list-style-type: none"> Earthquake Fire Safety Flood Safety Readiness Kits Tsunami Winter Weather Community Emergency Response Teams <ul style="list-style-type: none"> www.lincolncountycert.org |
| | Fire & EMS Service (non-emergency) | | Public Health and Medical | | Lincoln County Health and Human Services <ul style="list-style-type: none"> Public Health Div. (541) 265-4112 Behavioral Health Div. (541) 265-4179 OHA (Oregon Health Authority) <ul style="list-style-type: none"> 24hr Disease Reporting (971) 673-1111 Security, Preparedness & Response Program (971) 673-1315 public.health.oregon.gov/Preparedness/Pages/index.aspx Oregon Poison Control Center <ul style="list-style-type: none"> 1-800-222-1222 Samaritan North Lincoln Hospital <ul style="list-style-type: none"> (541) 994-3661, www.samhealth.org Samaritan Pacific Communities Hospital <ul style="list-style-type: none"> (541) 265-2244, www.samhealth.org | | Lincoln County Sheriff's Office Emergency Management 225 West Olive Street, Suite 103 Newport, OR 97365 (541) 265-4199 |
| Animal Services | Lincoln County Sheriff's Office - Animal Shelter <ul style="list-style-type: none"> Animal Shelter, (541) 265-6610 x 6 www.co.lincoln.or.us/animalshelter Lincoln County Sheriff's Office - Animal Services <ul style="list-style-type: none"> Report Abuse/Neglect, (541) 265-4231 www.co.lincoln.or.us/sheriff/page/animal-services-and-protection Pet & Animal Preparedness <ul style="list-style-type: none"> www.ready.gov |  www.lincolncountysheriff.net  | | | | | |